# Erickson





**Fabio Di Pietro**Editorial Director

# INCLUSION COMES FIRST

"Inclusion is a broadening of horizons for everyone. A possibility of mutual human evolution."

One of the most beautiful definitions of inclusion by **Andrea Canevaro**, the father of special pedagogy in Italy.

For us, inclusion comes first.

It is a North Star that has shown the way forward for more than 35 years. We are convinced that the school system should not leave anyone behind, and should strive to **eliminate all forms of discrimination.** 

This is why we continue to propose innovative, continuously evolving ideas and materials which build truly inclusive contexts, capable of encompassing everyone's differences.

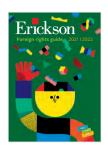
Our constant effort towards full inclusion continued during this difficult pandemic year, in which we designed many new editorial projects dealing with educational differentiation, such as the new diorama series *Little Darwin's Adventures*, as well as new titles of the *Smart Posters* and the *Lapbook* series, together with new and exciting educational games.

It Depends On Me is a new series, to be launched early in 2022, aiming to make students more autonomous and create awareness. It will provide pre-adolescents with reflections, guidelines and suggestions for creating a responsible and sustainable future.

On the teacher front, since innovation must always be matched by professional skills capable of finding practical solutions at school, the series "What to do (and what to avoid) - a quick guide for teachers" offers three volumes: one on ADHD, one on autism and one on oppositional defiant disorder. Thanks to their rapid effectiveness and ease of use, they have already become indispensable tools for thousands of teachers in Italy.

Alongside teachers, educators, and professionals we are pushing for a real change in the system: one that favours the active participation of all students.

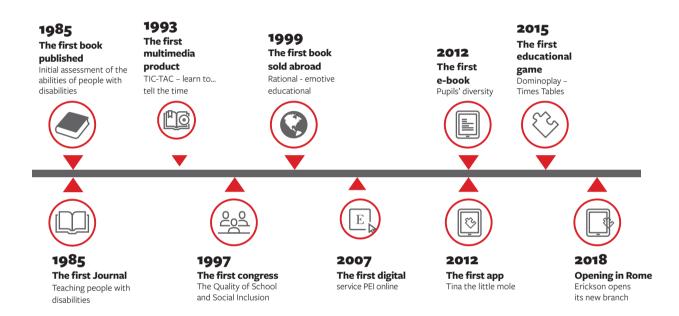
Many people talk about inclusion. We do it! Together with you!



# Who we are

Founded in 1984, Erickson was originally a **centre for reintegration and rehabilitation** of persons with mental disabilities, that used to conduct **research**, training and consulting activities in the field of teaching and social work.

Thanks to its high scientific standards, today Erickson is a leader in Italy in publishing, software creation, training and research in the fields of teaching, education, learning disabilities, special needs, full inclusion, applied and clinical psychology, social work and welfare.



#### THE FOUNDERS —



#### **Fabio Folgheraiter**

Professor of Social Work Methodology at the Catholic University of the Sacred Heart in Milan, where he coordinates the bachelor's degree course in Social Services and the Master's degree course in Social Policies and Services for Families, Minors and the Community. He is editor of the series «Social work methods and techniques» and the scientific journal «Social Work» for Erickson.



#### **Dario Ianes**

Ordinary Professor of Didactics and Special Pedagogy at the University of Bolzano, on the degree course in Primary Education. He is co-founder of Centro Studi Erickson in Trento, for whom he edits several series, among which Guides and Materials. He is the author of various articles and books and editor of the journal "Learning Difficulties".

**Educational** games Disability and Autism Workbooks Parenting **School education** Psychology Learning and Language Difficulties Social work 102 Index **ADHD** 

#### **LEGEND**





RECOMMENDED AGE FOR USE



CONTENTS



NUMBER OF PLAYERS



**OBJECTIVES** 



**BOOKS WITH INDICATED** REPRODUCIBLE PAGES



**BOOKS WITH WORKSHEETS** 



Materials created with scientific consultations from the Universities of Padua and Trento



Number of copies sold in Italy since the first publication



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# Learning and Language Difficulties



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Donatella Tomaiuoli

#### STUTTERING IN ADOLESCENCE

Comics for effective interventions

A program for the **intervention on stuttering** in adolescents and pre-adolescents consisting of two volumes: a comic story, which children / teenagers can read independently, and a manual with practical indications and a theoretical introduction for the adult.

The approach proposed in the book considers the multidimensionality of the disorder and the individuality of the person.



64 PAGES ISBN 978-88-590-2365-4 € 29,50



Monica Muratori and Maria Cristina Cutrone **MATCHING SET** 

Matching activities with cards for language development

Matching set is designed to help teachers, parents and education workers guarantee, in a practical way, the continuity of speech therapy intervention at school and at home. It **supports** speech therapy, and educational and cognitive work programmes in children aged 4 to 8 with neurodevelopmental disorders by proposing visual-perceptual and linguistic activities necessary for the construction of **communication** skills, non-verbal reasoning and language development.



ISBN 978-88-590-2329-6

€ 20,00

Filippo Barbera

#### I TEACH YOU AS I HAVE LEARNED

Teaching tips and strategies from a teacher with SLD for students with SLD

Written by a dyslexic teacher, this guide provides everything that a teacher should know in order to really help students with SLD. A guide that is entertaining and direct, it is full of schemes and charts. The book is divided into 4 chapters:



- Learning strategies;
- It's hard for me to... with an explanation of all the difficulties a student with SLD can encounter;
- a workshop on learning potential.



200 PAGES ISBN 978-88-590-1913-8 € 21,50



SOLD TO Russia Agnese Capodieci and Ilaria Cester

#### UNDERSTANDING AND MANAGING TIME

Strengthening the skills of pupils with SEN in primary school

Difficulties in understanding temporal concepts, estimating the duration of an activity and in placing events in the correct order are common in pupils with SEN. To avoid the negative consequences of unsatisfactory time processing, and improve the capacity for representing and managing time in regular situations, this volume proposes a two-part strengthening programme.

Itala Riccardi Ripamonti

#### PLAY TOGETHER

### **SHAPES AND LOGIC**



The Shapes and Logic cards are designed to:

- stimulate logical skills;
- improve self-regulation;
- develop executive functions.











Classify elements on the basis of their characteristics







SOLD TO Arabic language, Mexico

#### SEQUENCES AND RELATIONSHIPS

The Sequences and Relationships cards are designed to:

- stimulate temporal and logical skills;
- develop the concept of cyclicity;
- internalise awareness of the difference between state and action.

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**SPACE AND POSITIONS** 

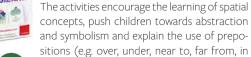


#### COLOURS AND ASSOCIATIONS

The game stimulates spirit of observation, memory, attention, the enriching and control of one's vocabulary, logical and critical thinking skills and verbalisation, and generally improves linguistic comprehension and expression.









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front of, behind).





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# ADHD



#### Donatella Arcangeli

# ADHD What to Do and What to Avoid

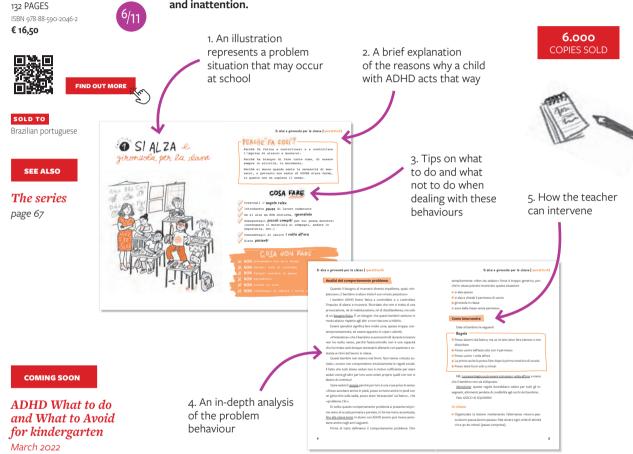


#### Quick guide for teachers

Teacher training aims to make teachers understand the cognitive function of children and young people with some type of disorder (developmental, behavioural, psychiatric), so that they can **apply specific and therefore more effective teaching techniques,** and develop a common language with clinicians who treat the child.

In the style of a Teacher Training notebook, *ADHD What to Do and What to Avoid* presents **targeted and ready-to-use instructions** to successfully face **15 behaviour problems typical of Attention Deficit / Hyperactivity Disorder.** 

The book is divided into 15 chapters grouped into three macro sections: hyperactivity, impulsivity and inattention.





Thomas Rivetti, Agnese Capodieci

# PERSONALISED COOPERATIVE LEARNING

Class activities for children with ADHD or behavioural problems



128 PAGES ISBN 978-88-590-1397-6 € 19,50 Divided into two parts, a theoretical introduction and a practical part, the book constitutes a **complete practical guide** for teachers, educators and, in general, anyone who is interested in various capacities in education and inclusive practices.



21

56 PAGES
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€ 23,50

Silvia Conti, Nicoletta Scionti and Gian Marco Marzocchi

#### NEURO AND PSYCHOMOTOR ACTIVITIES FOR CHILDREN WITH ADHD AND SELF-REGULATORY DEFICIT

Working materials for practicing executive functions in preschool aged children

The book offers working materials that childhood Neuro and Psychomotricity Therapists (TNPEE) and psychomotor therapists can use

for interventions with children ages 3 to 6 who have difficulty with self-regulation.

# Disability, Autism and other SEN



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ISBN 978-88-590-2605-1
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Anna Contardi and Daniele Castignani

#### If You Want to Use Social Networks, Let's Learn to Navigate Them

Information and advice on how to connect safely

Born from the experience of the AIPD (Italian Association of Down People), a cheerful and practical manual that helps people with Down's syndrome to **move around confidently and competently in the world of internet.** Starting with a story, the reader learns technical steps to access the Internet and the most commonly used social networks, and at the same time he/she is encouraged to reflect on the most appropriate behaviour to adopt.





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LET'S HAVE FUN TOGETHER
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180 PAGES ISBN 978-88-590-1923-7 **€ 16,50**  Anna Contardi

# 10 THINGS THAT EVERY PERSON WITH DOWN'S SYNDROME WANTS YOU TO KNOW

On the occasion of the 40th anniversary of the Italian Association of Down's People, Anna Contardi, the national coordinator, illustrates the 10 key points that everyone needs to know in order to relate to a person with Down's Syndrome. The author puts herself in the shoes and heads of people with Down's Syndrome, imagining that they themselves are communicating with the reader.



208 PAGES
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Marco Pontis

#### THE CHECKLIST FOR AUTONOMY

Materials for evaluating and teaching autonomy skills in cases of complex disabilities

A book that contains **46** practical checklists for the acquisition, observation and evaluation of many autonomy skills at home, at school, at work and in leisure time.

Thanks to the breakdown of each task into a (modifiable) sequence of detailed actions, the checklists facilitate learning by the person with disabilities and allow for verification by the care-worker, who can document the type of help provided (gestural, verbal, physical, etc.) and the progress achieved on the summary sheets. In the Appendix other checklist models are given for workers to use, while the attached colour images are a useful visual support (to cut-out, paste, hang, etc.) for the execution of some actions.

From the **online resources** it is possible to download additional worksheets that can be customized according to individual needs.

- . Down doesn't mean down
- 2. People first
- 3. We are not all the same, and we resemble our parents
- 4. We are slower, but we can learn
- 5. We laugh, we cry, we get happy, and we get angry
- 6. It is possible to become autonomous
- 7. We grow up too
- We fall in love too
- 9. We know we have Down syndrome
- 10. We want to live on our own



Flavio Fogarolo and Claudia Munaro BEING INCLUSIVE

Self-built didactic tools for educational and support activities



235 COLOURFUL PAGES ISBN 978-88-590-0637-4 € 21,50

This book offers suggestions and ideas for improving the quality and the use of personalized tools to meet the individual needs of each pupil, reducing building costs, both in terms of time necessary to create them and of economic expense. Various easy-to-make or easy-to-source tools are presented, all illustrated with colour photos and practical instructions on their use in teaching. The tools and activities refer mostly (but not exclusively) to educational projects centred on the development of autonomy and basic relational competences, for improving school inclusion.



Daniela Bulgarelli

# THE INCLUSIVE NURSERY SCHOOL AND CHILDREN WITH DISABILITIES

Promoting and supporting play and communication



215 PAGES
ISBN 978-88-590-1593-2
€ 17,00

A text that responds to the need for focus and concentration on a theme that is often described by nursery school educators and coordinators as critical, due to a lack of didactic material upon which to base professional reflection and good practices.

The volume examines the observation of the child with signs of difficulty, and the possible measures and strategies that can be implemented to facilitate the child's development. Interviews with experts and parents as well as specific examples complete this book.



**260 PAGES** ISBN 978-88-590-1226-9

€ 18,50

Heidrun Demo

#### **OPEN TEACHING AND INCLUSION**

Principles, methodologies and tools for primary and secondary school teachers

Open teaching — teaching which is open to the initiatives and choices of pupils, which entrusts the teacher with the role of observer and guide — represents an important alternative and innovation.

The book introduces the **theoretical references** and **methodological principles** of open teaching and sets out activities and practical strategies for applying it from an inclusive perspective in primary and secondary schools.



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Spain

Luigi D'Alonzo

# DIFFERENTIATED TEACHING FOR INCLUSION

Methods, strategies and activities

This book questions a crucial issue for schools of all levels: how to offer educational teaching programmes which are effective for all students, despite the increased heterogeneity of each school stage. The complexity of students' personal needs is exploding and often only marginally concerns pupils with deficits. By illustrating the theoretical foundations and taking cues from the most recent outcomes of scientific research, the author describes the methodology of differentiated teaching and provides ideas for example activities, adaptable to different settings.



Anna Lancini, Roberto Medeghini and Daniela Quaresmini

# FRACTIONS AND DECIMALS IN PRACTICE

Worksheets and activities for intellectual disabilities



164 PAGES
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€ 19,50

The mainly abstract teaching of mathematics is often a barrier for pupils with intellectual disabilities. This is because the traditional teaching approach used to tackle determined topics is often detached from any concrete references. The book offers activities on the concepts of fractions and decimals **based on situations familiar to children**. The book presents these mathematical notions in their concrete everyday use, teaching children to solve practical problems using logical and mathematical skills.



Sira Miola, Caterina Daniela Lago, Daniele Bordignon, Lorella Meggiolaro and Maria Rodighiero

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Programs and didactic strategies for inclusive physical education



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Twelve learning units for **truly inclusive physical education.** The courses are designed from the third grade of primary school to the last year of upper secondary school **(8-18 years).** The volume adapts traditional games and sports, so that everyone can participate together.



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€ 44,50



Chiara Salviato, Irene Mammarella and Cesare Cornoldi

# Intervention for Socio-Relational Difficulties

Cognitive-behavioural programme on social skills for children and young people with autism, ADHD and other disorders

A complete and well structured programme to **help children and young people with socio-relational difficulties interact and communicate better**. With various and fun activities, it is easy to use **for workers and teachers**, and it is sure to please even the youngsters. The programme is structured into 12 general meetings and 4 specific meetings for each of the areas treated: **autism spectrum disorders, ADHD and language disorders.** The book is also enriched with an accurate introduction on difficulties in relationship skills and a series of additional activities to be done in the classroom.





Sara Rosati and Norma Urbinati

# TRAINING SOCIO-PRAGMATIC SKILLS

Illustrated stories for children with autism spectrum disorder and other communication deficits



120 PAGES
ISBN 978-88-590-1061-6
€ 19,50

For those working in the field of child and adolescent language disorders, and more generally developmental disorders, the difficulty some children and adolescents have with «non-literal» linguistic expressions is well-known and easily found in both spoken and written language.

This book is a useful practical tool for:

- encouraging the **development of mentalistic** and pragmatic competences;
- developing greater communicative and social cognition skills.



Stefania Molteni and Eleonora Farina

# CREATIVITY WORKSHOPS FOR AUTISM

A programme for promoting socialrelational and emotional competences in children



184 PAGES + COLOURFUL ATTACHMENTS SBN 978-88-590-1165-1 € 21,00 This book, targeting psychologists, educators, teachers and parents of children with high cognitive functioning autism spectrum disorders, offers activities based on experimentation and small group work, with the aim of increasing children's creative potential and their social-relational and emotional competences, in particular fluidity, flexibility, originality and elaboration; sharing, communication and collaboration in group work; ability to exchange ideas with others and reflect on experiences had and emotions felt.



6/19

256 PAGES ISBN 978-88-6137-609-0 € 18,50 Antonella Ruggieri, Luigi Russo

#### I'LL DO IT!

Stories and activities for developing personal autonomy

The book considers its main objective to be the acquisition and enhancement of domestic and primary care skills through individualized educational programmes. Illustrated stories and visual aids are therefore the suggested educational strategies. Three short stories, accompanied by images illustrating specific social situations, introduce the themes developed in the book: personal autonomy in general, dental hygiene and domestic autonomy skills are the main focuses. Each story is followed by some activity proposals to reinforce and expand the contents treated and to consolidate the learning of the skills.



146 PAGES
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€ 16,00

Ukraine, Spain, Russia Stefano Vicari

#### **OUR CHILD IS AUTISTIC**

Practical guide for parents after diagnosis

You have just left the neuropsychiatrist's office. Everyone says he's really good. You're with Luigi, your second child. Your paediatrician suggested you come because Luigi is a «strange» child. He's still not talking at the age of 3 and he spends all his time alone. Even at nursery school he doesn't play with his classmates and tends to stay on his own, isolating himself. His teachers are worried. Now the doctor has confirmed your fears with his diagnosis: «He's on the autism spectrum». This book attempts to make you feel less alone and to answer the myriad of questions that a parent generally asks after receiving a diagnosis of autism for their child, suggesting the best treatment programmes on offer.

**Marco Pontis** 

is a Pedagogy and Pervasive

Developmental Disorders and Intellectual Disabilities Special Teaching professor at the University of Bolzano. He has

been working for and with people with autism spectrum dirsorders and other complex disabilities for almost twenty years.

ida RAPIDA

SCUOLA PRIMARIA.

# AUTISM: WHAT TO DO AND WHAT TO AVOID

#### Quick guide for teachers

This ready-to-use guide is aimed at teachers and presents them with the most effective strategies for managing a child with autism at school, **offering clear, concise and concrete indications on what to do, and what to avoid**, in difficult situations in the classroom.

The book is structured in 15 chapters, corresponding to the **most frequent problematic situations** and typical behaviours in children with autism spectrum disorder in the **6-11 year old age group**, divided into three macro-areas:

- Social interaction;
- Communication;
- Behaviour, interests, activities.



# 6/11

#### 152 PAGES ISBN 978-88-590-2418-7 € 16,50



#### Advice from the expert

Each chapter is introduced with a drawing illustrating the specific behaviour.



#### Why does he/she do this?

There is an explanation about why the autistic child behaves in this way with suggestions on what to do and what to avoid.



#### What to do / What to avoid



The behaviour is analysed with an explanation on how to intervene.



SASSASASASASASAS



### What to keep in mind / How to intervene

There is an explanation about why the autistic child behaves in this way with suggestions on what to do and what not to do.

see also
The series

page 67



R&S Erickson

#### **AUTISM AT SCHOOL**

Effective strategies for teachers

This guide provides a **complete picture of autism spectrum disorders** to set up a **timely and functional psychoeducational and didactic intervention.** The new updated and enriched edition explores topics such as **female autism**, etiology, genetics and epigenetics.



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€ 20,00

Stefano Cainelli

#### **MUSIC THERAPY AND AUTISM**

An intervention method for children and adolescents for the development of social skills

A professional manual, which presents an intervention method for the development of social skills in childhood and adolescence in children with autism spectrum disorders.





Maria Antonella Costantino

# Making up Stories and Books With AAC

IN-books for inclusion and early intervention

This book has grown out of experience with children, families, schools and social workers in the field of Augmentative and Alternative Communication (AAC); it **introduces IN-books—illustrated books drawn from children's literature**, printed with symbols that are personalized for each child.

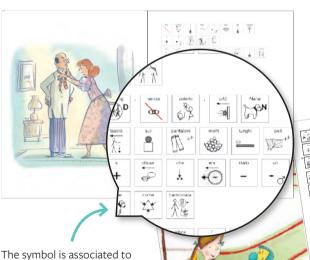
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January 2022





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Carlo Scataglini

the word that is read aloud and those listening can follow

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Easy Classics series page 86







# Parenting



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Rosalba Corallo

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SEE ALSO

#### Rosalba Corallo

# Six Little Pixies in My Heart

A story about the value of emotions

Tommy is tired of hearing that he is too sensitive, so he decides to get rid of the six little pixies who are responsible for his joy, amazement, fear, sadness, anger and disgust. He becomes indifferent to everything that surrounds and happens to him.

The six little pixies, in the end, succeed in convincing Tommy that there is nothing wrong with being sensitive and experiencing many different emotions.

#### SIX LITTLE PIXIES IN MY HEART 3-6 YEARS

Dedicated to children from 3 to 6 years, the book proposes a **simplified version of the story** and a series of **fun activities about the value of emotions**. It also contains an audio CD with the narration of the story and eight songs inspired by the main characters. Along with the heart pixies, small children can listen, draw, and colour.

#### SIX LITTLE PIXIES IN MY HEART AGES 6 AND UP

Six Little Pixies in My Heart ages 6 and up is a narrative book which is useful for **reflecting on the value and importance of emotions with primary school children**, through the joy, amazement, fear, sadness, anger, and disgust of the main characters in the story.







#### Rosalba Corallo

Graduated in Education
Sciences, she is a teacher
in a kindergarten in Reggio
Calabria and carries out tasks of
pedagogical coordination and
support to teachers' activities.
She is a teacher and speaker in
courses and conferences. She is
the author of didactic-narrative













128 PAGES ISBN 978-88-590-1827-8 € 18,50 Rosalba Corallo

#### 11 FABLES BETWEEN THE LINES

Learning positive thought in primary school

Sometimes, "bad thoughts" lead us to perform wrong actions, which can hurt ourselves and others. To help children recognize and modify the negative thoughts that hinder personal well-being, 11 Fables Between the Lines offers a program of reading and emotional education to be carried out on your own, or together with your companions. Inspired by the stories from book 11 Fairy Tales of Happiness (Erickson), the stories illustrate a problematic situation, leaving the final free to the reader's imagination. At the end of each reading, activities are proposed to deepen the so-called "erroneous areas", i.e. those psychological situations that are the source of discomfort and emotional discomfort.



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Alberto Pellai, illustrations by Ilaria Faccioli

### The Storm is Passing

A story and ten activities to face your fears and start again with courage

A book to help reinforce children's emotional skills, to **restore hope** after a prolonged difficult time which has tested our strength and resilience abilities. Supporting the growth of children in rough times requires adults to be able to be brave captains whom they can trust. The educational program proposed in this book, suggests how the adult — teacher, educator, parent — can take the child by the hand and lead him/her in the exploration of their inner resources which are necessary for coping with difficulties. The storm is passing, rely on ten actions that allow the child to gain self-regulating skills and acquire the skills necessary to cope with the most challenging moments: those in which something extraordinary happens which requires us to quickly adapt to new life contexts.



#### Alberto Pella

A doctor, child and adolescent psychotherapist and research fellow at the Department of Biomedical Sciences. In 2004 the Ministry of Health awarded him a silver medal for merit to the Public Health Service.



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# THE ADVENTURES OF CIRIPO THE CAT Accompany children through childhood with stories Fairytales are a very useful tool for helping children find answers to their

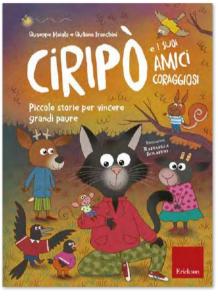
Fairytales are a very useful tool for helping children find answers to their concerns. The stories of these books have been designed and written to help children overcome their fears. The main characters are Ciripò and his friends, animal babies that are facing the most common difficulties of growing up. With their magical solutions, these stories make the child understand that difficult moments are important for «becoming great», and offer comfort and trust in dreams.



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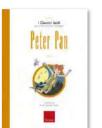


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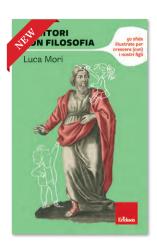


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- Is playing a serious matter?

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- Why do children (and not only) like to pretend?
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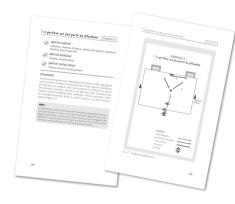
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#### Mario Di Pietro

A psychologist and psychotherapist, he deals with emotional and behavioural problems in childhood and adolescence and teacher refresher training. Having specialised at the Institute for Rational-Emotive Therapy in New York, he has worked for the national health service and has collaborated with the University of Padua.

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With a degree in Psychology, he collaborates with the Department of Psychology and with the Learning and Educational Psychology Service of the Catholic University of the Sacred Heart in Milan.

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A drawing represents a problematic situation that canoccur at school



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# Social work

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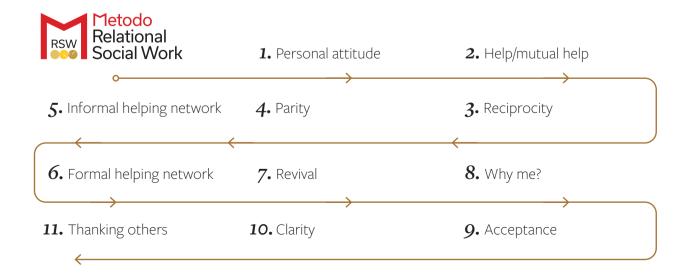


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#### **VALERIA AGLIUZZO**

with concerns to: sample requests, our catalogue information, translation rights, negotiations and translation contracts.

valeria.agliuzzo@erickson.it



#### **ELENA MARTINELLI**

with concerns to: your publishing proposals, sample evaluation procedures and timing, negotiations, managing new and existing contracts.

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